

PROSTATE AWARENESS

Signs & Symptoms to look for:

Do you often need to get up in the
night to pass water?

Do you sometimes feel the need to go to the
toilet but can't?

Do you have a delay when trying to pass
water?

Does it stop and start?

Does your flow sometimes seem weak?

Do you have difficulty in controlling your
bladder?

Treat your body as you would your car

If you are experiencing these symptoms,
why not arrange a visit to your doctor.

Most men with these symptoms have a
benign enlargement of the prostate
which is common with increasing age.

Usually this may be easily treated with
tablets though sometimes an operation is
necessary.

Naturally you may be worried about the
prospect of prostate cancer and initially a
simple blood test and examination might
be carried out by your GP. This will look
for early signs of cancer.

Some 32,000 men are diagnosed with
prostate cancer every year, usually
between the ages of 50 to 80. An
EARLY DIAGNOSIS is the best way to
achieve a GOOD PROGNOSIS.

Getting the best out of life!!!

A SIMPLE M.O.T COULD SAVE YOUR LIFE

If you would like further
information on M.O.T Please
contact:

Gloria Sargood or
Malcolm Ellis

mot@communitycancercentre.org.uk

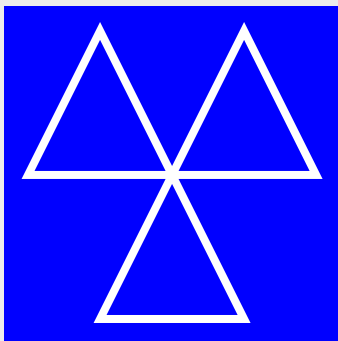
Community Cancer Centre (CCC)
DROP-IN FOR INFORMATION & SUPPORT
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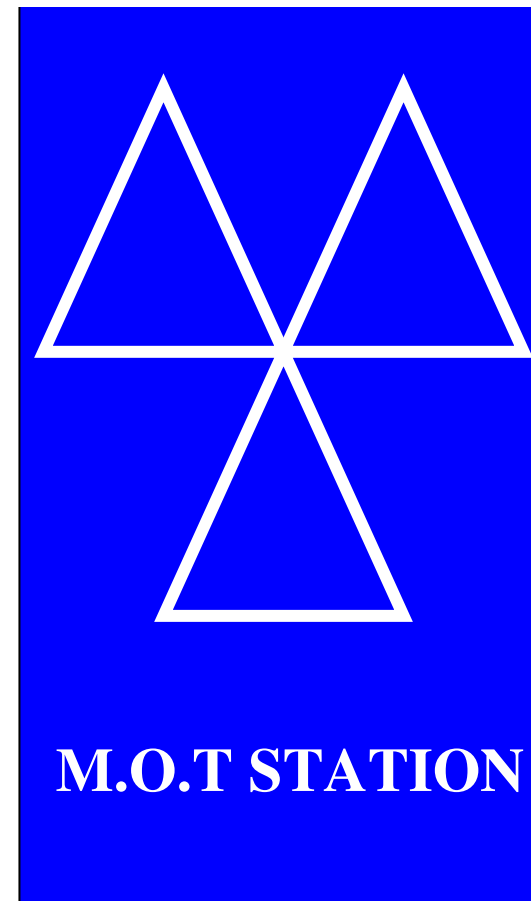
**An M.O.T can
bring you peace
of mind!**

Be kind to yourself



You deserve it

**Totting up the years?
Get yourself serviced!**



BE PROSTATE AWARE



**Men's Awareness
Save Life's**

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